

## PROCLAMATION CONCUSSION AWARENESS DAY SEPTEMBER 21, 2018

WHEREAS, a concussion is a mild form of traumatic brain injury that should be taken seriously, yet up to 50 percent of concussions go undiagnosed and untreated; and

WHEREAS, with 2.8 million reported traumatic brain injuries each year, most classified as mild, concussions are a serious health concern in the United States; and

WHEREAS, Post-Concussion Syndrome, the set of symptoms from a concussion or a series of concussions that do not resolve within the anticipated time frame, can last for weeks, months or even years; and

WHEREAS, the North Dakota Brain Injury Advisory Council works to improve the quality of life for all individuals with brain injury and their families through brain injury awareness, prevention, research, education, collaboration, support services and advocacy; and

WHEREAS, North Dakota state law mandates all officials and each school district and nonpublic school that sponsors or sanctions any athletic activity and requires a participating student to regularly practice or train, and compete, is subject to the terms of a concussion management program; and

WHEREAS, raising awareness of the importance of recognizing a concussion, treating it appropriately and supporting the injured can positively impact lives across the country; and

WHEREAS, National Concussion Awareness Day creates an opportunity for public discussion of the issues surrounding concussions.

**NOW, THEREFORE,** as Governor of the State of North Dakota, I do hereby proclaim September 21, 2018, as **CONCUSSION AWARENESS DAY** in the State of North Dakota.

Doug Burg Governor

ATTEST:

Secretary of State

Alvin A. Jaege